

17 I can describe my routine

A Weekdays (Monday to Friday) 🎧

What do you do on weekdays?



I usually **get up** at 7.00.



I **have a shower**.



I **get dressed**.



I **have breakfast**.



I usually **leave home** at 8.00.



I **get to work** at 8.30.



I **finish work** at 5.00.



I **have dinner** at 8.15.



I **go to bed** at 11.30.



I **sleep** seven hours a night.

spotlight *usually and normally*

I usually/normally go to work by bus means that I go to work by bus most days.

1 Match the verbs in column 1 with words in columns 2 and 3. Write the sentences.

	1	2	3	
▶	I get up ✓	work ✓	before breakfast ✓	I get up at 7.30 a.m.
1	I get ✓	at ✓	at 11 o'clock ✓	I get dressed before breakfast.
2	I have ✓	seven hours ✓	7.30 a.m. ✓	I have breakfast at 8.00 a.m.
3	I leave ✓	dressed ✓	at 6 p.m. ✓	I leave home at 8.30 a.m.
4	I finish ✓	home ✓	with my family ✓	I finish work at 6 p.m.
5	I have ✓	dinner ✓	a night ✓	I have dinner with my family.
6	I go ✓	breakfast ✓	at 8.00 a.m. ✓	I go to bed at 11 o'clock.
7	I sleep ✓	to bed ✓	at 8.30 a.m. ✓	I sleep seven hours a night.

2 Complete the questions with the correct verb. (You will write your answers in Exercise 3.)

- ▶ What time do you usually get up in the morning?
- 1 Do you get dressed before or after breakfast?
- 2 Do you have a shower in the morning?
- 3 What time do you leave home in the morning?
- 4 What time do you get to school/university/work?
- 5 Who do you have dinner with?
- 6 What time do you normally go to bed?

ABOUT YOU

- I get up at 7.30.
- I get dressed before breakfast.
- I don't have a shower in the morning.
- I leave home at 8.30 a.m.
- I get to school at 9.00 a.m.
- I have dinner with my family.
- I normally go to bed 12.15 a.m.